



AUGUST-SEPTEMBER

Calendar of Events

- ARMED FORCES ACTION PLAN • CASUALTY ASSISTANCE • DEPLOYMENT READINESS • EMPLOYMENT ASSISTANCE •
- EXCEPTIONAL FAMILY MEMBERS • FAMILY LIFE • FINANCIAL READINESS • INFORMATION & REFERRAL •
- MILITARY & FAMILY LIFE COUNSELORS • MILITARY RELIEF SOCIETIES • PROFESSIONAL DEVELOPMENT •
- RELOCATION READINESS • RESILIENCY • SURVIVOR BENEFIT SERVICES • TEAM BUILDING • TRANSITION ASSISTANCE •
- UNIT FAMILY READINESS • VOLUNTEER OPPORTUNITIES • WORK LIFE • VOTING ASSISTANCE •

THREE LOCATIONS TO SERVE JBSA
FORT SAM HOUSTON - LACKLAND - RANDOLPH

A 508 COMPLIANT DIGITAL VERSION OF THIS PUBLICATION IS AVAILABLE AT JBSA.MIL

JBSA-MILITARY & FAMILY READINESS FLIGHT

The Joint Base San Antonio-Military & Family Readiness Centers incorporate services from all branches: Air Force Military & Family Readiness Center (M&FRC), Army Community Service (ACS), and Navy Fleet & Family Support to support the community. M&FRC programs and services support self-reliance, mission readiness, resiliency, and eases adaptation into the military way of life.

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Aid Societies, Financial Relief

Air Force Families Forever

Armed Forces Action Plan

Casualty Assistance

Deployment Readiness

Employment & Career Development

Exceptional Family Member Program

Financial Readiness

Heart Link

Hearts Apart

Information & Referral

Unit Family Readiness

Military & Family Life Counselors

Military Family Team Building

Personal & Work Life

Relocation Services

Resiliency Training

Survivor Benefit Plan

Transition Assistance Services

Volunteer Opportunities

Warriors in Transition

Voting Assistance Program

Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services require a minimum number of participants to be effective. Classes not meeting the minimum number of registered participants may be canceled or rescheduled. Other services may have a limited number of seats or space. Register in advance to guarantee service availability.

(FSH)

JBSA-Fort Sam Houston

(210) 221-2705

(LAK)

JBSA-Lackland

(210) 671-3722

(RND)

JBSA-Randolph

(210) 652-5321

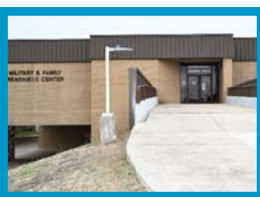
All services provided by the JBSA-M&FR Flight are free and open to all branches of the military, Active Duty Military and their families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoD civilian employees (APF and NAF), and DoD contracted employees, unless otherwise stated. The JBSA M&FR flight encourages all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



JBSA-Fort Sam Houston

Mon-Fri 7:30 AM-4:30 PM

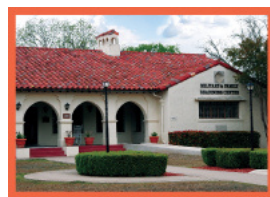
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Resilience Days



JBSA-Lackland

Mon-Fri 7:30 AM-4:30 PM

Closed: 1st & 3rd Thursday 1-4:30 PM, Federal
Holidays & AETC Resilience Days



JBSA-Randolph

Mon-Fri 7:30 AM-4:30 PM

Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Resilience Days

CALENDAR OF EVENTS AUGUST-SEPTEMBER

JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS FLIGHT

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Location Identifiers found left of Workshop listing:

FSH

LAK

RND

JBSA

Fort Sam Houston

Lackland

Randolph

Joint

**All centers will be closed the following dates:
September 1 – In observance of Labor Day**

This bi-monthly publication is produced by the 802d Force Support Squadron (FSS), JBSA Military & Family Readiness Centers. Although every effort is made to publish accurate information, classes and guest speakers are subject to change due to unforeseeable circumstances. Some services require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due to classroom space. To ensure availability, call to register.

RELOCATION ASSISTANCE

Reduce or eliminate problems arising due to frequent moves with specialized services such as sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class.

Naturalization Ceremony

FSH • August 27

Sept. 24

1:30-2:30 p.m.

Newcomer's Orientation

FSH • August 1, 15
Sept. 5, 19
8 a.m. to Noon

LAK • August 6, 20
Sept. 3, 17
8 a.m. to Noon

RND • August 11
Sept. 8
8 a.m. to Noon

JBSA-Pre-Arrival Orientation (Held Virtually)

JBSA • August 26 & Sept. 23 • 8 a.m. & 5 p.m.

Plan My Move

Contact your servicing M&FRC

Trails & Tails

FSH • August 14 & Sept. 11
9 a.m. to Noon

Supplemental Sponsorship Training

FSH • August 6 & Sept. 3
12-1 p.m.

LAK • Call to schedule an
appointment

RND • Call to schedule an
appointment

Newly Assigned Commanders, Command Chiefs & First Sergeants

Call to schedule an appointment

Naturalization Ceremony | Come witness the Oath of Allegiance. No registration needed.

Newcomer's Orientation | Mandatory for all newly assigned JBSA military. Families welcome. To Register: FSH/LAK – Contact CSS or CPO, RND – Contact Unit Personnel Office

JBSA Pre-Arrival Orientation | Get a head start on your PCS. Learn about JBSA housing, child care, schools, healthcare, jobs, and more—before you arrive.

Plan My Move | Service members PCS'ing for the first time, and all ranks PCS'ing OCONUS are required to complete this Training

Trails & Tales | Explore the DoD's largest collection of historic buildings on a guided tour. Open to all DoD ID holders. Registration required.

Supplemental Sponsorship Training | In accordance with AFI 36-3009, eSAT provides checklists, needs assessments, customizable letters, and local resource tips. Family members may also become sponsors. Registration required.

Newly Assigned Commanders, Command Chiefs & First Sergeants | This mandatory briefing meets AFI requirements and introduces key staff and support services at the Military & Family Readiness Center.



JBSA-RANDOLPH
MILITARY & FAMILY READINESS CENTER

FALL JAMBOREE

Fall Picnic Bash



A Day of Fun and Adventure for the Whole Family!

Get ready for a day of fun, food, music, games, and more at our September Jamboree Fall Picnic Bash! This event is exclusive for EFMP Families, Hearts Apart Families and Air Force Families Forever. No registration is required.

• Bouncy House • Balloon Art • Games • Face Painting • Resource Fair •

SATURDAY, SEPTEMBER 27

11 AM - 2 PM

HELD AT
JBSA RANDOLPH- MILITARY & FAMILY READINESS CENTER
BLDG. 693

EFMP Family Support



FINANCIAL READINESS

Personal Financial Readiness provides information and guidance to assist with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spending plans.

First Duty Station Officer

FSH • August 5
Sept. 2
8-9:30 a.m.

LAK • August 5
Sept. 2
8-11 a.m.

RND • Sept. 11
10-11 a.m.

PFR Symposium

Continuation Pay under BRS

Prepare Finances for Divorce

FSH • August 14
8:30 am to 2 p.m.

RND • Sept. 25
10 -11 a.m.

LAK • August 14
10 a.m. to Noon

PCS Touchpoint CMT

Prepare Finances for Deployment

Prepare Finances Returning from Deployment

FSH • August 5, 19
Sept. 9, 23
2:30-3:30

FSH • August 21, 28
Sept. 11, 25
10-11 a.m.

FSH • August 21, 28
Sept. 11, 25
2-3 p.m.

Prepare Finances for First Child

Develop your Spending Plan

FSH • August 5
Sept. 2
10-11 a.m.

LAK • August 12, 26
Sept. 9, 23
1-3 p.m.

Vesting in TSP

FSH • Sept. 2
11 a.m. to Noon

LAK • Sept. 16
8-10 a.m.

RND • August 14
10 -11 a.m.

Home Sweet Home

FSH • Sept. 19
10 a.m. to Noon

RND • August 21
10 -11 a.m.

Moving Out of the Dorms

FSH
August 5
11 a.m.to 12:30 p.m.

FSH
Sept. 16
10-11:30 a.m.

LAK • August 12
Sept. 9
8-10 a.m.

Mandatory Financial Touchpoints • Call to schedule an appointment.

Think of your financial journey as a road trip, you'll need a plan, fill-ups, and maintenance. These mandatory touchpoints help navigate each stage of your journey. *Touchpoints include: First Duty Station, Promotions, Vesting in Thrift Savings Plan, Continuation Pay, Marriage, Birth or Adoption of First Child, Divorce, Pre-/Post-Deployment, and Career Transition.*

First Duty Station Officer | Mandatory within 90 days for all non-prior enlisted officers at their first duty station. Covers pay, entitlements, insurance, credit, TSP, and more.

PFR Symposium | The annual symposium aims to educate and raise community awareness about financial literacy helping people assess their financial knowledge and improve money managing skills.

Continuation Pay under BRS | Learn when you can collect Continuation Pay under BRS, tax impacts, and fulfill a DoD Financial Touchpoint.

Prepare Finances for Divorce | Divorce brings financial changes learn how to manage new expenses, update accounts, and reshape your financial plan. This in-person session meets a DoD Financial Touchpoint requirement.

PCS Touchpoint CMT | Mandatory financial readiness training for E6, O3, W2 and below to prepare for PCS-related expenses and changes.

Prepare Finances for Deployment | Plan your finances before deployment to stay mission-focused and take advantage of deployment-related benefits.

Prepare Finances for Return from Deployment | Develop a solid financial plan for post-deployment tasks and long-term financial stability.

Prepare Finances for First Child | Plan for your first child with help from financial readiness pros. Fulfills DoD Financial Touchpoint; complete within 6 months of DEERS update.

Developing Your Spending Plan | Learn how to create or improve a realistic budget, set financial goals, and prioritize spending for better money management.

Vesting in the TSP | Learn TSP rules on contributions, tax benefits, and post-service options; fulfills DoD Financial Touchpoint.

Home Sweet Home | Get tips on buying a home, resolving mortgage issues, and understanding the differences between renting and owning. Learn about the home-buying process, choosing a Realtor, and what goes into a mortgage payment.

Moving Out of the Dorms | Learn how to budget for moving out, including BAH, rental costs, and renter's insurance.

QUICK TIPS FOR SAVING MONEY

CREATE A BUDGET



EVALUATE SPENDING HABITS



EMERGENCY FUND



LIMIT DEBT



COMPARE PRICES



INVEST FOR THE FUTURE



MONITOR YOUR CREDIT



FOR MORE INFORMATION
CONTACT YOUR
M&FRC FINANCIAL TEAM

HAPPY LABOR DAY - SEPT. 1
ALL JBSA MILITARY & FAMILY
READINESS CENTERS ARE
CLOSED

Financial Readiness Symposium



JBSA-FSH Military & Family Readiness Center • 3060 Stanley Rd. Bldg 2797

August 14 • 8:45 a.m. to 1 p.m.

Are you ready to find out how you can enhance your finances and increase your retirement? Are you ready to gain new techniques and learn new ways to expand your financial portfolio? Are you interested in learning ways to budget more effectively and get your paycheck to stretch further?

If you answered 'yes' to at least one of these questions, you need to attend this Financial Symposium.

Financial experts and organizations will be on-site to answer questions, and get you connected on the path to financial awareness and success. Come on out and see how you can change your financial situation!

Get your finances on track! This symposium covers a variety of financial topics and educational sessions to help strengthen your financial muscle. Subjects include money management, planning and budgeting, retirement, and more.

Scan QR Code to register or e-mail:
802fss.fsysr.financialreadiness@us.af.mil



SCAN QR CODE



MILITARY & FAMILY READINESS CENTER

MILSPOUSE EMPLOYMENT READY

Discover essential resources to support your career, no matter where military life takes you. This class covers credentialing, license portability, effective job search strategies, and powerful online tools—all tailored to help you succeed and thrive through every relocation and transition.



SEPTEMBER 30 • 1-3 PM



JBSA- LACKLAND MILITARY & FAMILY READINESS CENTER
1550 WURTSMITH ST. BLDG 5725

For more information or to register call
210-671-3722
802fss.fsfr@us.af.mil

The JBSA Military & Family Readiness Centers encourage all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



EMPLOYMENT ASSISTANCE

Employment Assistance helps patrons improve essential skills needed to secure employment in a competitive job market. Services include job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat.

Employment Consultation

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

Mock Interview Board

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

USAJOBS Navigation & Federal Resume

FSH • August 6
Sept. 3
1-3 p.m.

FSH • Sept. 3
9-11 a.m.
(Virtual)

LAK • August 19
Sept. 16
12:30-4 p.m.

RND • August 26
Sept. 23
12-3 p.m.

Salary Negotiation

FSH • Sept. 10
1-3 p.m.

RND • Sept. 2
10-11:30 p.m.

LinkedIn 101

FSH • August 27
Sept. 24
1-3 p.m.

LAK • August 5
1-3 p.m.

RND • August 19
10 a.m. to Noon

LinkedIn 201

Ready Set Resume

FSH • August 13
1-3 p.m.

LAK • August 12
Sept. 9
1-3 p.m.

RND • Sept. 16
10 am to Noon

Job Search Skills

LAK • August 26
1-3 p.m.

MilSpouse Employment Ready

LAK • Sept. 30
1-3 p.m.

Acing the Interview

FSH • August 20
Sept. 17
1-3 p.m.

RND • August 12
10-11:30 a.m.

Employment Consultation/Resume Review • Call to Schedule an Appointment

Get personalized career advice and resume help through one-on-one consultations to support your job search and interview preparation.

Interview Prep/Mock Board • Call to schedule an Appointment

Practice interview skills, boost confidence, and prepare for tough questions with a personalized mock interview session.

USAJOBS/Federal Resume | Learn how to navigate USAJOBS, understand vacancy announcements, and tailor your federal resume.

Salary Negotiation | Learn strategies to research, pitch, and confidently negotiate your salary or raise.

LinkedIn 101 | Learn how to build your LinkedIn profile, expand your network, and boost job opportunities.

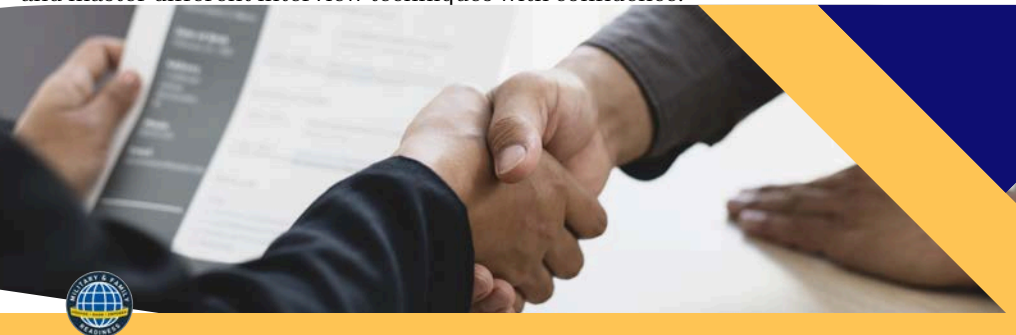
LinkedIn 201 | Elevate your LinkedIn game by learning the art of networking in this section which covers profile optimization for maximum visibility, effective use of LinkedIn tools and proven strategies for expanding your network and enhancing your job search.

Ready, Set, Resume | Learn the basics of creating a general resume from start to finish.

Job Search Skills | Mastering essential skills and learning to tailor your federal resume using the latest tips and trends can set you apart and boost your chances of job market success.

MilSpouse Employment Ready | Military spouses can learn about credentialing, license transfer, job search tips, and online tools to support career success.

Acing the Interview | Learn how to prepare for interviews, make a lasting impression, and master different interview techniques with confidence.



JBSA MILITARY & FAMILY READINESS CENTER

JOB BANK

Looking for your next career move?

Scan our QR code to access our job bank or visit
<https://wakelet.com/wake/aeNIhHZzqAr1E2bR8JODi>

This job bank is filled with exciting opportunities and upcoming job fairs and events.



Contact the JBSA Employment Assistance Program for additional services and support :

Fort Sam Houston
(210) 221-2705

Lackland
(210) 671-3722

Randolph
(210)652-5321

TRANSITION ASSISTANCE PROGRAM- FORT SAM HOUSTON

TAP is a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition. To register for FSH-TAP call 210-916-7322 or 210-916-6089.

Initial Counseling

FSH
Monday-Friday
Call to Schedule

Pre-Separation Counseling

FSH • August 6, 13, 20 27
Sept. 3, 10, 17, 24
8 AM to Noon

DoD Day

FSH • Executive & Retiree
August 18, 25 & Sept. 15
8 a.m. to 4 p.m.

FSH • Separation
August 4, 25 & Sept. 8, 29
8 a.m. to 4 p.m.

VA Benefits & Services

FSH • Executive & Retiree
August 19, 26 & Sept. 16
8 a.m. to 4 p.m.

FSH • Separation
August 5, 26 & Sept. 9, 30
8 a.m. to 4 p.m.

DoL Employment Fundamentals of Career Transition

FSH • Executive & Retiree
August 20 & Sept. 17
8 a.m. to 4 p.m.

FSH • Separation
August 6 & Sept. 10
8 a.m. to 4 p.m.

DoL Employment Track (2 -day Workshop)

FSH • Executive & Retiree
August 21-22 & Sept. 18-19
8 a.m. to 4 p.m.

FSH • Separation
August 7-8 & Sept 11-12
8 a.m. to 4 p.m.

DoL Career & Credential Exploration Track (2-day Workshop)

FSH • August 26-27
Sept. 16-17
8 a.m. to 4 p.m.

Career Skills Program Overview

FSH • August 5, 19
Sept. 9, 23
1-2 p.m.

Advanced Employment Workshop (Virtual)

FSH • August 20
Sept. 24
10-11:30 a.m.

Benefits Delivery at Discharge Workshop & Claims

FSH • August 12
Sept. 4
9-11 a.m. & 1-3 p.m.

Employer Day

FSH • August 6
Sept. 10
10 a.m. to 1 p.m.

Entrepreneurship Workshop (2-day)

FSH
Sept. 23-24
8 a.m. to 4 p.m.

Federal Resume Workshop (Virtual)

FSH • August 13
Sept. 17
10 a.m. to Noon

LinkedIn 101

FSH • August 28
Sept. 25
12-3 p.m.

Mock Interviews

FSH • August 5
Sept. 2
12-3 p.m.

USAJOBS Navigation & Federal Resume

FSH • August 28
Sept. 25
9-11 a.m.

FSH • August 29
9-11 a.m.

FSH • Sept. 22
9-3 a.m.

Individualized Initial Counseling | Required one-on-one session to start the transition process, covering self-assessment, goal setting, and an Individual Transition Plan.

Pre-Separation Counseling | Step two of the TAP process providing mandatory information on benefits and resources for transitioning Service Members and their Families.

DoD Day | A full-day session covering Managing Your Transition, MOC Crosswalk, and Financial Planning.

VA Benefits & Services | Covers VA benefits and services to support transitioning Service Members and their Families post-military.

DOL Employment Fundamentals of Career Transition | Introduces tools and resources for exploring civilian careers and understanding the employment process.

DOL Employment Workshop | Two-day workshop on resume building, job searching, and interview skills for civilian employment.

Career Skills Program Overview | Brief overview of eligibility and opportunities within the Career Skills Program.

Advanced Employment Workshop | Virtual workshop covering skills development, interview techniques, salary negotiation, and professional attire.

Benefits Delivery at Discharge (BDD) Workshop & Claims | Covers the BDD claims process and required documentation for transitioning Service Members.

Employer Day | Networking event with employers offering potential interviews and job opportunities on-site.

Federal Resume Workshop | Live webinar on writing and tailoring federal resumes with expert feedback.

LinkedIn 101 | Workshop on creating a strong LinkedIn profile to support your job search.

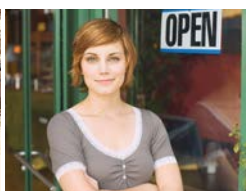
USAJOBS Navigation & Federal Resume | Hands-on class on navigating USAJOBS and tailoring federal resumes to job announcements.

Mock Interviews | A Veterans Career Advisor from the Texas Veterans Commission will conduct a custom mock panel interview specific to the career field of the service member's choice. Mode: In-Person.

Entrepreneurship Workshop (Boots to Business) | 2-day in-person course for transitioning service members to explore business ownership, develop a business plan, and learn about SBA resources (DoD Transition Day required; register at <https://sbavets.force.com>).

Vetrepreneurship | Covers the essential elements of starting your own business with a focus on foundational requirements.

TAPT00 | A spouse focused course designed to help in preparing your families plan for the transition to a post service future.



TRANSITION ASSISTANCE PROGRAM- LACKLAND & RANDOLPH

TAP is a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition.

Pre-Separation Counseling

LAK • August 12, 26
Sept. 9, 23
9 a.m. to Noon

RND • August 13, 27
Sept. 17, 24
12-3:30 p.m.

TAP Workshop (3-day)

LAK • August 4-6, 18-20
Sept. 15-17, 29-1 Oct.
7:30 a.m. to 4 p.m.

RND • August 4-6
Sept. 15-17
8 a.m. to 4 p.m.

DoL Employment Workshop (2- Day)

LAK • August 7-8, 21-22
Sept. 2-3, 18-19
8 a.m. to 4 p.m.

RND • August 7-8
Sept. 18-19
8 a.m. to 4 p.m.

Benefits Delivery at Discharge Workshop & Claims

LAK • August 28
Sept. 25
1-2 p.m.

RND- August 28
Sept. 25
8-9 a.m.

Vetreprenueurship

ETAP

LAK • Sept. 25
9-11 a.m.

RND-August 12-15
8 a.m. to 4 p.m.

Pre-Separation Counseling | Step two of the TAP process providing mandatory information on benefits and resources for transitioning service members and their families.

TAP Workshop (3-Day) | A required 3-day workshop on transition, finances, and VA benefits, led by DOL, VA, and M&FRC (Pre-Separation Counseling required).

DOL Employment Workshop | A 2-day session focused on job search, resumes, and interview skills (TAP Workshop required).

BDD Workshop & Claims | Learn about the BDD claims process, required documents, and timelines before booking an appointment.

Vetreprenueurship | Covers the essential elements of starting your own business with a focus on foundational requirements.

Executive TAP (E-TAP) Workshop | A 4-day in-person workshop for retiring E-9s and O-6s focused on leadership transition, financial planning, and VA benefits (Pre-Separation Counseling required).

DoD SkillBridge Career Skills Program | SkillBridge connects Service Members in their last 180 days of active duty with civilian apprenticeships, internships, and training in fields like healthcare, IT, and finance. Weekly partner webcasts: Wednesdays at 1 p.m. at jbsaskillbridge.eventbrite.com.

For more information, call your hosting location:

FSH (A-M): (210) 488-4119

FSH (N-Z): (210) 984-2664

LAK: (210) 563-8223

RND: (210) 727-1281



Military & Family Readiness Center

CANCER AWARENESS WALK/RUN

November 8
9-11:30 AM



Step up for a cause that matters! Bring your energy as we walk, run, and spend time together to raise awareness and support for those affected by cancer. Whether you're a runner, walker or here for great company, your presence makes a difference. Units, teams and family, all are encouraged to attend!

Registration Required

Held at the JBSA-Fort Sam Houston Military & Family Readiness Center

3060 Stanley Rd. Bldg 2797
& the Parade Field Track

SURVIVOR VIP BRUNCH • REGISTRATION REQUIRED • 11:30 AM - 1 PM



FOR MORE INFORMATION OR TO REGISTER
SCAN QR CODE OR CONTACT US :



(210) 221-2705



802FSS.FSYR.EFMP-FS@US.AF.MI



EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for more information.

EFMP Lunch & Learn

FSH • August 20 & Sept. 17
11:30 a.m. to 1 p.m.
(Hybrid)

LAK • August 14, 28 & Sept. 11, 25
11:30 a.m. to 1 p.m.
(Virtual)

EFMP Orientation

RND • August 11
Sept. 8
11 a.m. to Noon

Is a Service Animal Right for you?

LAK • Sept. 4
10 a.m. to Noon

EFMP Summer Reading Program

LAK • August 22
9:30-10:30 a.m.

Held at the Lackland Library 1930 George Ave.

Strike Out Challenges

FSH • August 1
Sept. 5
5-7 p.m.

RND • August 19
1-3 p.m.

Breast Cancer Awareness Walk/ Run

FSH • Sept. 27
9 a.m. to 3 p.m.

Held at the JBSA Fort Sam Houston Military & Family Readiness Center

End of Summer Splash

LAK • August 2
10 a.m. to Noon

EFMP Fall Jamboree

RND • Sept. 28
11 a.m. to 2 p.m.

EFMP Lunch & Learn | Join us in sharing helpful resources, overcome challenges and discuss different topics related to your Exceptional Family Member. For more information contact your hosting M&FRC.

EFMP Orientation | Learn who qualifies for EFMP, how to enroll, and how the program supports families through services like respite care, TRICARE, and education resources.

Is a Service Animal Right for you? | A-Z service dog consulting will share how service dogs can support those with disabilities and participants will receive a plush hound dog –open to all EFMP families.

TELL US HOW WE'RE DOING

EFMP Summer Reading Program | Join other EFMP families for a special sensory-friendly story time with crafts, music, and fun every 4th Friday starting June 27—before the library opens!

Strike Out Challenge | Join us the first Friday of each month for free bowling and shoe rental for EFMP & Hearts Apart Families at the Fort Sam Houston Bowling Center.

Breast Cancer Awareness Walk/Run | Step up for a cause that matters—join us as we walk, run, and come together to raise awareness and support for those affected by cancer. Whether you're running, walking, or just here for the company, your presence makes a difference, and units, teams, and families are all encouraged to attend!

End of Summer Splash | Make a splash at our End-of-Summer celebration with slip 'n slides, bounce houses, and free snow cones! Open to all DoD ID card holders—don't forget your swimsuit as we say goodbye to summer and gear up for the school year!

EFMP Fall Jamboree | Get ready for a day of fun food music games and more at our September Jamboree Fall Picnic Bash. An exciting event exclusively for EFMP, Hearts Apart, and AFFF Families, with no registration required.



INTERACTIVE CUSTOMER EVALUATION

Fort Sam Houston M&FRC



Please scan the QR code, or visit <https://ice.disa.mil/index.cfm?fa=card&sp=132154&s=1024&dep=&sc=6> to leave us feedback.

Lackland M&FRC



Please scan the QR code, or visit <https://ice.disa.mil/index.cfm?fa=card&sp=133524&s=1024> to leave us feedback.

Randolph M&FRC



Please scan the QR code, or visit https://ice.disa.mil/index.cfm?fa=card&sp=133523&s=1024&dep=*DoD to leave us feedback.

MILITARY & FAMILY READINESS CENTER



Get ready for a frightfully fun evening filled with costumes, candy, music, and spooky surprises!

Mark your calendars—you won't want to miss this haunted Halloween Howl Down!
Stay tuned for more details... if you dare! For more information scan qr code or email us at 802fss.fsyf.fmp-fs@us.af.mil

17 OCTOBER 2025
3060 STANLEY RD. BLDG 2797



PERSONAL & WORK LIFE

Personal & Work Life programs provide educational, enrichment, and prevention services to service members, military families, and other DoD ID cardholders. It helps them develop interpersonal, self-care, problem-solving, and help-seeking skills that help build the readiness and resilience needed to thrive throughout the military life cycle.

Car Seat 101		Bundle for Babies	
	FSH • August 5 Sept. 2 9-11 a.m.		LAK • Sept. 11 9 a.m. to Noon
New Unit Leadership Training		Heart Link: Arrive and Thrive	
	LAK • August 19 Sept. 16 8-11:30 a.m.		LAK • Sept. 25 10 a.m. to 3 p.m. Held at Arnold Community Hall
Survivor Benefit Plan Group Briefing			
	LAK By Appointment Only		RND • August 14 Sept. 11 9-10: 30 a.m. (Virtual)



Car Seat 101 | Learn about car seat types and basic installation tips to keep your child safe.



Bundles for Babies | This training covers financial planning from conception to college. Supports active duty expecting parents, includes a gift card for Air Force Affiliated attendees and meets a DoD Financial touchpoint requirement.



New Unit Leadership Training | Required M&FRC briefing on available programs and services for unit support, per AFI 36-3009, para. 2.5.2.


Heart Link | Heart Link Arrive and Thrive is a Spouse orientation program for those married to a military member less than five years, offering a fun relaxed way to learn about the Air Force Mission, customs, traditions, protocols and available programs while making new friends.



Survivor Benefits Group | The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the options, effects, and advantages of SBP. Prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP counselor to complete the DD Form 2656 and data for Payment of Retired Personnel.

Texas WIC | The national Supplemental Nutrition Program for Women, Infants and Children (WIC) supports expecting parents from pregnancy to delivery to raising a child to 5 years of age. Meet with a clerk, Licensed Vocational Nurse, or Nutritionist at the Fort Sam Houston M&FRC every 1st Tuesday and 3rd Wednesday from 7:30 a.m. to 4 p.m. to learn about nutrition, breastfeeding, counseling services, and more. Open to all JBSA patrons.

Call (210) 704-4180 to schedule an appointment. WIC is an equal opportunity program.



2025 SURVIVOR BENEFITS PLAN BRIEFS



MILITARY & FAMILY READINESS CENTER

The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the options, effects, and advantages of SBP.

14 AUGUST 11 SEPT.

Briefs offered the 2nd Thursday of each month from 9-10:30 AM via Zoom.

For Details or to Register call (210) 652-5321 or e-mail randolphmfrfc@us.af.mil

You may also schedule with Lackland if that is more convenient.



MILITARY FAMILY TEAM BUILDING & VOLUNTEER PROGRAM

MFTB is about mission readiness and family readiness. It helps service members grow as leaders and teaches families how to adapt and embrace challenges. Open to all DoD cardholders on JBSA. Unit training is available by request. Volunteers support the military and the community through various capacities such as coaches, office assistants, Key Spouses, Ombudsman, SFRG leaders, program assistants, and more. Volunteer Services coordinates with the community to connect patrons with volunteer opportunities. Call for details.

AFAP Focus Group (Virtual)

FSH • August 13
10-11 a.m.

Volunteer 101 & OPOC Training (Virtual)

FSH • August 19
10-11 a.m.

AFAP Focus Group | Share quality-of-life concerns to be presented to leadership through the Armed Forces Action Plan process.

Volunteer 101 & OPOC Training | Get hands-on training with VMIS to search for, track, and log volunteer opportunities and hours. Learn how to manage volunteers using the Volunteer Management Information System (VMIS) as an Organizational Point of Contact.

How to become a Volunteer



The Volunteer Management Information System (VMIS) is an online tool providing a real-time snapshot of volunteer opportunities.

VMIS is a platform that allows organizations on Joint Base San Antonio to share their volunteer openings.

VMIS helps volunteers to manage their volunteer service record, trainings, certificates and track their hours.

Need help registering?
Contact us today to learn about our upcoming VMIS Classes.



DEPLOYMENT READINESS PROGRAM & VOTING

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the phases of a deployment cycle. Registration is required for unit family readiness workshops no later than 48 hours prior.

The Federal Voting Assistance Program (FVAP) provides information and guidance to active duty service members, their families, and all eligible voters with information and guidance on the voting process by contributing to a better understanding of voter rights and absentee voting. For more information, e-mail the corresponding locations at vote.fortsam@us.af.mil; vote.lackland@us.af.mil; vote.randolph@us.af.mil

Pre-Deployment Briefing	Post Deployment Briefing
FSH August 21 • 8-10 a.m. August 28 • 9-11 a.m. Sept. 11, 25 • 9-11 a.m.	FSH August 21 • 10 a.m. to Noon August 28 • 1-3 p.m. Sept. 11, 25 • 1-3 p.m.
Pre-Deployment Briefing	Post Deployment Briefing
LAK • Tuesdays & Wednesdays 9-10 a.m.	LAK • Tuesdays & Wednesdays 1-2 p.m.
Pre-Deployment Briefing	Post Deployment Briefing
RND By Appointment Only	RND By Appointment Only

Pre-Deployment Briefing | Required in-person briefing for service members deploying, going TDY over 30 days, or on remote assignment; covers deployment prep and financial management, fulfilling a DoD Financial Touchpoint.

Post-Deployment Reunion & Reintegration | Required in-person training for returning service members covering reintegration, finances, and stress management; spouses encouraged, fulfills a DoD Financial Touchpoint.



SAVE THE DATE!

JBSA COMMUNITY PREPAREDNESS & READINESS EVENT

September 18

Held at JBSA-Fort Sam Houston Military & Family Readiness Center



COMMANDER'S KEY SUPPORT PROGRAM

The Commander's Key Support Program (CKSP) is a unit readiness program that strengthens family support and connectedness, especially during deployments and PCS moves. Through trained volunteers, the program provides information, resources, and referrals to help families stay informed and resilient. CKSP fosters community, promotes partnerships with support agencies, and ensures Air and Space Force families feel empowered and connected.

CKSP Continuing Education

LAK • August 26
9-11 a.m.

CKSP Immersion Training

RND • Sept. 17
9-10:30 a.m.

CKSP Mentor Training

RND • Sept. 17
11 a.m. to Noon



Initial training is required for all newly appointed Key Support Liaisons (KSLs) and Key Support Mentors (KSMs), can be completed virtually or in person at the Military & Family Readiness Center (M&FRC) when available. This training consists of five standardized modules and takes approximately three hours. KSLs and KSMs cannot serve in an official capacity until all required training is completed.

Before initiating virtual training KSLs/KSMs must coordinate with their Commander and the M&FRC, ensuring an official appointment letter is on file with both the M&FRC and the KSL's/KSM's unit.

How do we access the virtual Initial Key Support Training?

There is a link on the AFPC CKSP page, or you can scan the QR code directly. Create an account if you do not already have one. Once logged in, click on Course Catalog. Search : Department of the Air Force Key Support Liaison Initial Training.
<https://www.militaryonesource.mil/resources/training/air-force-key-support-program/>

CKSP Continuing Education | Available for KSLs/ KSMs, these sessions are focused on providing additional education/ networking opportunities for the CKSP team. Offered quarterly or as requested by unit leadership.

CKSP Immersion Training | KSL/KSM who complete the initial training virtually are required to complete an immersion training. KSL/KSMs who move due to a permanent change of station (PCS) are not required to re-accomplish Initial Training however, they must complete an immersion training. This training provides essential installation-specific information and a brief refresher on Initial Training, ensuring KSLs/KSMs are well-prepared for their roles.

CKSP Mentor Training | Mentor Training is a one-time mandatory training for all new KSMs and is intended to be taken after Initial Key Support Training.



JBSA-FORT SAM HOUSTON

MILITARY & FAMILY READINESS CENTER



Scan to email

3060 Stanley Road, Building 2797
(210) 221-2705; 802fss.fsysr.centerbox@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TRANSITION ASSISTANCE PROGRAM



Scan to email

Joint Transition Readiness Center

3931 Okubo Barracks, Bldg. 3639

(210) 916-7322 or 916-6089; 802fss.fsysr.tap@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4 p.m.

Closed for all Federal holidays.

JBSA-LACKLAND

MILITARY & FAMILY READINESS CENTER



Scan to email

1550 Wurtsmith St., Building 5725, Room 212

(210) 671-3722; 802fss.fsysr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1550 Wurtsmith St., Building 5725, Room 214

(210) 671-5406 or 671-5408

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

JBSA-RANDOLPH

MILITARY & FAMILY READINESS CENTER



Scan to email

555 F Street West, Building 693

(210) 652-5321; randolphmfr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days



www.jbsa.mil/Resources/MilitaryFamilyReadiness



facebook.com/mfrcjbsa

